

Hiking Arizona

These resources provide general and regional information for Arizona hiking enthusiasts. All specialized guidebooks may also require related topographic/forest maps for the actual hike plus a copy of the trail map from the Arizona State Trails Guide. Internet sites are subject to change and may require verification.

Location Codes:

MN = Main Library

RM = Red Mountain Branch

DR = Dobson Ranch Branch

Arizona

100 Classic Hikes in Arizona. Warren, Scott S. 2000. (MN 917.91 W255A 2000)

Whether seeking out saguaro cactus forests or prehistoric cliff dwellings, hikers will find some of the finest scenery in the Southwest.

Adventure Guide to Arizona. Morris, Eleanor. 1996. (MN 917.91 M831A 1996)

Adventures include hiking as well as camping, rafting, horseback riding, mountain biking, and Jeep tours. Best feature of the book is the detailed overview of different geographic areas for various types of recreation.

Arizona Day Hikes. Ganci, Dave. 1995. (MN, RM 917.91 G15A)

Details over 100 day hikes in the southern deserts, central mountains and northern plateau of Arizona that are "accessible with a short driving distance of the major freeway system." Includes info on geology and natural history for each geographic area.

Best Hikes with Children in Arizona. Letham, Lawrence. 1998. (MN, RM 917.91 L568B 1998)

In each of 75 hikes, the author provides commentary and makes suggestions to keep kids engaged as families explore nature together.

Doin' Arizona With Your Pooch! Barish, Eileen. 2004. (MN, RM, DR 917.91 B239D 2004)

Hikes all over Arizona for both dogs and owners. Descriptive information and leash requirements are listed for each trail. No maps are provided.

Exploring Arizona's Wild Areas. Warren, Scott S. 2002. (MN, DR, RM 917.91 W255E 2002)

Specifies activities-mainly hiking-in 87 "wild areas" all over Arizona. Describes the general location, size of wilderness area, seasons, topographic maps required, plants, wildlife and geology.

Guide to Arizona's Wilderness Areas. Dollar, Tom. 1998. (MN AZ REF, RM, DR 917.91 D69G 1998)

Get set to explore the unique wild lands of Arizona. Included are 158 spectacular day, destination, loop, and shuttle hikes. Also includes 19 hikes in the Grand Canyon.

Hiking Arizona. Maxa, Christine. 2003. (MN, RM, DR 917.91 M45A 2003)

Hiking Arizona is a comprehensive guide for exploring the beauty and splendor of one of the country's most scenic states. With detailed descriptions of 98 different trails, you'll not only know where to go but also what to expect when you get there.

Hiking Arizona: Urban Trails, Easy Paths & Overnight Treks. 2002. (MN, RM 917.91 H539H 2002)

"This selection of Arizona hikes takes you from backyard trails in Phoenix, Tucson, Prescott, Flagstaff, and Sedona to rambles along the Grand Canyon's Rim Trail to expeditions through remote wilderness."

Hiking Arizona's Geology. Lucchitta, Ivo. 2001. (MN, RM 917.91 L962H)

Are you ready to read the ancient story told by the Grand Canyon's spectacular rock layers? Enter a volcano's cinder cone to find a secluded world of natural rock sculptures? Geologist Ivo Lucchitta leads you on a hiker's exploration of Arizona's most striking geologic formations.

On the Arizona Trail. Tighe, Kelly. 1998. (MN,DR 917.91 T448A 1998)

A guide for hikers, cyclists, and equestrians.

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Central Arizona

Arizona's White Mountains. 2003. (MN, RM AZ REF 917.915 W584 2003)

This offers articles on the White Mountain Trail System for the highly adventurous along with other outdoor activities.

Best Easy Day Hikes, Phoenix. Green, Stewart M. 1999. (MN 917.9173 G826B 1999)

This includes concise descriptions and detailed maps of mostly short, easy-to-follow trails that lead to some of the most scenic destinations in the area.

Bradshaw Mountain Back Roads. Eastep, Alan. 1996. (MN 917.9157 EA79B)

Briefly details 13 hikes in the Bradshaw Mountains in addition to motoring, camping information.

Day Hikes and Trail Rides in and around Phoenix. Freeman, Roger D. 2000. (MN 917.9173 F877D 2000)

Describes hikes/trail rides for metro Phoenix-includes day use parks such as Echo Canyon, Camelback Park, Papago Park, North Mountain/ South Mountain Parks as well as County Parks; such as White Tank Mountain Regional Park and State Parks; such as Lost Dutchman State Park.

Hiker's Guide to the Superstition Wilderness. Carlson, Jack. 1995. (MN, RM, DR 917.9175 C197H)

60 short hikes/trips unique to Superstition Wilderness area-a list of "easy" hikes is provided. Includes B/W photographs of many areas local folklore items. Must refer back to particular designated maps to find trail head/starting points.

Hiking Arizona's Superstition and Mazatzal Country. Grubbs, Bruce. 2000. (MN, RM, DR 917.9175 G92H 2000)

The routes feature in this book will challenge the most experienced hiker, with the easy-to-read maps, hike descriptions, and elevation profiles of more than 50 hikes ranging from a few hours to a week in length, will provide all skill levels with the necessary information to tackle some of Arizona's wildest country.

Hiking Central Arizona. Kiefer, Don R. 1995. (MN 917.917 K542H)

40 hikes in Central Arizona mainly including the areas of Phoenix, Payson, White Mountains/Mogollon Rim. Indicates trails for pets.

Streamside Trails: Day Hiking Central Arizona's Lakes, Rivers and Creeks. Krause, Steve. 1999. (MN AZ REF 917.91 K868S 1999)

50 day hikes in Central Arizona for "water loving" hikers. Provides detailed maps and descriptions for each trail.

Grand Canyon

Best Easy Day Hikes, Grand Canyon. Adkison, Ron. (MN, RM, DR 917.9132 AD53B)

This includes short descriptions and maps of the author's favorite easy day hikes in the park. All hikes are fairly short, without big hills, are all on well-defined, easy-to-follow trails that still takes you to some of the most scenic sections of the fabulous Grand Canyon National Park.

Day Hikes from the River. Martin, Tom. 1999. (MN 917.91 M365D 1999)

A Guide to 75 hikes from the camps on the Colorado River in Grand Canyon National Parks.

Hiking Grand Canyon National Park. Adkison, Ron. 1998. (MN 917.9132 AD53H 1998)

Most recent guidebook provides general overview for hiking, geology, and vegetation of the canyon. There are 28 hikes which cover the North and South rim with detailed descriptions, maps, and graphs of miles vs. elevation, with "key points" that detail trailheads, trail junctions, and campsites.

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Northern Arizona

50 Favorite Hikes, Flagstaff and Sedona. Cosmic, Ray. 1999. (MN AZ REF 917.9133 C821F 1999)
Contains the best of the best day-hikes, down to earth maps, heaps of trail nuggets, and a critter foot finder!

Flagstaff Hikes. Mangum, Richard K. 1998. (MN 917.9133 M314F 1998)
Describes 134 hikes in the Flagstaff area with abbreviated maps to pinpoint trailheads.

Hiking Northern Arizona. Grubbs, Bruce. 2001. (MN, RM, DR 917.913 G92H 2001)
Lace up your boots and sample 120 of the finest trails in northern Arizona. The great elevation range of this diverse region means you can hike year-round.

Hiking Northern Arizona. Kiefer, Don R. 1995. (MN 917.913 K542H 1995)
40 hikes in northern Arizona. Mainly in the areas of Prescott, Payson, Showlow, Flagstaff. (Index, maps, pets, bikes)

Sedona Hikes. Mangum, Richard K. 2001. (MN, RM, DR 917.9133 M314S 2001)
121 hikes in the Sedona area with abbreviated maps to locate trailheads.

Southern Arizona

Arizona's Best Wildflower Hikes, The Desert. Maxa, Christine. 2002. (MN, RM, DR 917.91 M45D 2002)
Explores the beauty of the Sonoran Desert wildflowers with these 50 exciting hikes.

Arizona's Best Wildflower Hikes, The High Country. Maxa, Christine. 2002. (MN, RM, DR 917.91 M45H 2002)
Discover Arizona's gorgeous high-country flowers on these 48 exciting hikes.

Hidden Trails in the Sonoran Desert. Hunt, Henry. 1998. (MN 917.91 H912H 1998)
Hiking the Wilderness Areas of south-central Arizona.

Hiking Southern Arizona. Kiefer, Don R. 1995. (MN, RM 917.9177 K542H)
40 hikes in southern Arizona-details the Tucson, Nogales, Sierra Vista regions.

Southern Arizona Trails. Mazel, David. 1998. (MN AZ REF 917.91 M456S 1998)
Outlined are 84 trips, ranging from short day hikes to multi-day backpacking treks.

Tucson Hiking Guide. Leavengood, Betty. 1997. (MN 917.91776 L487T 1997)
33 day hikes of varying difficulty in the mountains surrounding Tucson-Tucson, Rincon, Santa Catalina, and Santa Rita Mountains. Some single, some combined trail maps with history, folklore thrown in.

Hiking Arizona's Cactus Country. Molvar, Erik. 1995. (MN 917.91 M738H)
Includes 85 hikes in Southern Arizona with detailed descriptions of the trails including milepost information. Uses a graph to indicate the changes in elevation.

Arizona Hiking Videos

The Arizona Trail: A Journey Through Time. 1999. (MN 917.91 AR47TA)

Hiking the Grand Canyon, the Corridor Trails. 2000. (MN, RM 917.9132 H539G)

Hiking Arizona

Periodicals

Arizona Highways. 1934 -. (MN)

Features the "Hike of the Month" in hard copy.

Web Sites

Arizona Highways Online

URL: www.arizhwys.com

Provides the "Hike of the Month" online with a basic map and description.

Arizona State Parks

URL: www.pr.state.az.us

Map with state parks located. Provides description of park areas, amenities such as hiking trails with mention of where Arizona State Trail may be located in certain parks.

AZventure Hiking - Hiking Clubs

URL: www.swlink.net/~ttidyman/hiking/clubs.htm

Lists links to more than 30 hiking/outdoor "AZventure" clubs in Arizona.

AZ Trails

URL: www.azcentral.com/travel/hiking

Details "trails" for hiking, a featured hike, links to clubs, calendars

GORP - Grand Canyon National Park, Arizona Hiking

URL: www.gorp.com/gorp/resource/US_National_Park/az/hik_gc.htm

Briefly describes hiking trails on the North and South rim of the Grand Canyon.

GORP - Superstition Wilderness

URL: www.gorp.com/gorp/resource/US_Wilderness_Area/AZ_super.HTM

Links for "short, medium, and long" trails with brief descriptions of the topography, geology, climate, and history of this wilderness area.

Hiking, Walking, and Running in Arizona

URL: www.come2az.com/azsports/hiking.htm

Lists some additional Phoenix hiking clubs without web pages-directory information. Some links to other hiking resources.

Walking Connection Arizona

URL: http://www.walkingconnection.com/Arizona_Hikes.html

Details schedules of city walks in various locations like the Desert Botanical Garden as well as trail hikes around Metro Phoenix and Tucson.

White Mountains Online Arizona

URL: www.wmonline.com/attract/trails.htm

Details 16 trails/areas in the White Mountains with trailhead/road access information, a location map with online access to topographic maps.

These books are available in the Mesa Public Library system.